

## **Andrographis Complex**

### **Description**

#### **Product number B052 - 100 tablets**

Complex of concentrated and standardized spray-drying standardized dry herbal extracts (nebulisates) from *Andrographis paniculata*, *Echinacea* (purple coneflower), thyme and quercetin.

The mineral zinc and vitamin C in this product contribute to the normal functioning of the immune system and contribute to a good resistance. The herb *Echinacea* activates the immune system (provisionally permitted claim EFSA-ID 3336).

#### **Ingredients and% Reference Intake per 2 tablets:**

*Echinacea* (Purple Coneflower Extract 4% polyphenols) 400 mg

*Andrographis paniculata* (Indian gentian, Kalmegh) 200 mg

(andrographolides content > 33%)

Quercetin 200 mg

*Thymus vulgaris* (Thyme) extract (min. 1.5% essential oil) 100 mg

Vitamin C (as Ascorbic Acid and Zinc Ascorbate) 170 mg 212.5%

Zinc (as ascorbate) 10 mg 100%

**Filler:** microcrystalline cellulose. **Anti-caking agents:** diglyceride, vegetable magnesium stearate and stearic acid, silicon dioxide.

#### **Usage and warnings:**

Adults take 1 tablet twice a day with a glass of water after meals, unless otherwise advised by an expert. Do not exceed recommended dosage. Keep out of reach of children. Do not use during pregnancy and lactation. Not suitable for children under 10 years old. Do not combine long-term with immunosuppressive medications, such as prednisone. Do not use in combination with anticoagulants, tamoxifen, digoxin or cyclosporine. Do not use in hypersensitivity to any of the herbs or other ingredients in this product. A dietary supplement is not a substitute for a balanced diet.

For more information about the concomitant use of herbs and medicines, see (Dutch language):

<https://www.nvwa.nl/onderwerpen/voedingssupplementen-en-kruidenpreparaten/inhoud/risico-s-gelijktijdig-gebruik-van-kruidenpreparaten-met-geneesmiddelen>